

What youth need to know about:

TRUSTED ADULTS





10 Types of Trusted People







Are all of the people listed above automatically trusted adults?

Not necessarily...
You may not have a trusting relationship with each of the people in the list above.
Use the categories in the list above to think of the trusted adults in your life.



What adults
do I know that give me
confidence and make
me feel safe?





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How do trusted adults behave?

A trusted adult is someone whose words **and** actions make you feel safe.

Trusted adults should behave like this in real life **and** on the Internet.



respect your body and your personal space.



They make you feel safe.



They help you when you have a problem or a question.



They are good listeners.



How do trusted adults NOT behave?

Trusted adults do NOT want you to do anything that makes you feel uncomfortable or unsafe.





They don't insult you.



They don't threaten you.

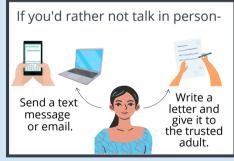


They don't hurt you.

Common questions:











Call the Office of Refugee Resettlement (ORR) National Call Center at 1-800-203-7001 if you do not have a caseworker.











